



Week Five

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CHAMPIONEERS!
CAVEMAN ROCK

Family Night Adventure #5

Don't Take the Bait

- **Key:** Tell the Truth
- **Concept:** Truthfulness
- **Workbook:** pages 24-25
- **Sing-Along CD:** Catch a Fish

Family Night Agenda

1. Family Night "Roll" Call
2. Review
3. **Video:** Episode #5 Don't Take...
4. Discussion
5. **Video:** Lesson #5 Don't Take...
6. **Activity:** Dollar Drop
7. Storytime
8. Review
9. **Leadership Challenge:**
Truth Dare

Activity

- Tug-of-War

Food Idea

Materials

- A dollar bill

In a Nutshell

Show your children the dollar catch game and how we can never stop peer pressure if we keep falling for it. Watch episode #5. Discuss Al-x's choice. Ask children if not telling the truth is the same as lying?



Lesson Five - Quick View

	ACTIVITY	OBJECTIVE	ACTION
1	Family Night "Roll" Call	Set the tone for your home	Pass out cookies (Family Night Treats), hot cocoa and latte's. Breathe and share week highlights.
2	Review	What have we learned?	Magnetic Kindness. What have we learned?
3	Video: Episode #5	Resisting peer pressure	Don't Take the Bait
4	Discussion	Resisting peer pressure Workbook 24-25	Discuss how peer pressure only has power over you if you allow it to, by "taking the bait."
5	Video: Lesson #5	Dollar Drop Game	Show the demo
6	Activity	Dollar Drop Game: To show how tricky peer pressure is	Demonstrate the Money Drop Game and emphasize how peer pressure tries to get you to play its game.
7	Storytime	Visual and audio reinforcement	Don't Take the Bait
8	Review	Reinforce concepts	What do we know? What did we learn tonight?
9	Leadership Challenge	Reinforcement and internalization	Practice only telling the truth for one week. (Leaders only call out the good truth.)
10	Sing-Along CD	Reinforcement and internalization	Catch a Fish

Lesson Details

1. Family Night “Roll” Call

Enjoy your hot cocoa and cookies

2. Review

What have we learned? Review story and concepts we’ve learned so far.

ADVENTURE THEATER

3. Video: Episode #5

Don’t Take the Bait

4. Discussion

Don’t Take the Bait

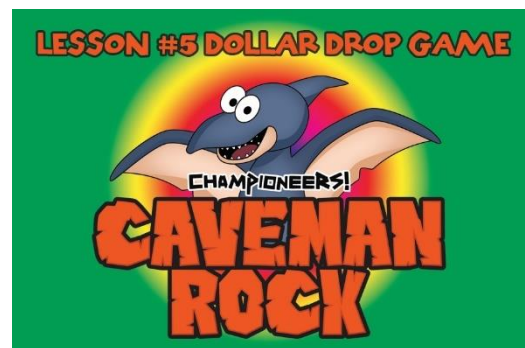
Taking the Bait is a clever way of saying you’re giving in to peer pressure. Discuss how peer pressure only has power over you if you allow it to. If you do not respond to the pressure, then it has no hold on you. If you cave to the internal or external social pressures around you, then you’ve “Taken the Bait.” The problem with negative peer pressure is that you can never satisfy it. It grows increasingly more demanding until those who get caught up in it are controlled by it, just like Al-x’s lie. If he tells a lie just so he’ll be liked, his lies will soon take over who he really is.

It’s good to fit in, and it’s important we work hard to get along with others, that’s just being nice, but you don’t have to agree with or do what everyone else is to still be a great team player. In fact, if you see negative peer pressure going on, you can flip it into positive peer pressure just by being nice? If every day, the students in your school made it their challenge to be extra nice to each other the whole school would become the nicest school anyone has ever been to! Positive peer pressure makes you want to be nicer, kinder, more creative, truthful, honest, and all the things that make you an even better person.

LESSON CLICK-CLASS

5. Video: Lesson #5

Dollar Drop Game



6. Activity: Dollar Drop

Here’s a little game that will help you experience how impossible it is to

satisfy negative peer pressure, or in the case of Al-x, how taking the bait of a little lie can turn into a big mess.

Tell a volunteer that they can keep the money if they can catch it. Have them hold one hand out sideways with their fingers extended like a “C” or duckbill clasp shape about 3 inches apart. Place the dollar between their fingers about 1/3 of the way and gently let the dollar go between their fingers. Volunteers have two rules. They cannot try closing their fingers before the money is dropped and they may not move their hand down to catch it after it has passed through their fingers.

If this is done correctly, they will not be able to catch the dollar because their reflexes can’t respond faster than the gravity of the falling dollar.

Relate this frustration to trying to make someone like you. You can’t. If people don’t like you, for you, it’s not your issue. Your job is to be kind to others, but you don’t have to change who you are and what you like so others will like you. Don’t react to the “bait.” Just work on being the best *you* possible.

7. Storytime

8. Review

- What do we know? What did we learn tonight?
- Review “Don’t Take the Bait”
- Continue to build suspense.

LEADERSHIP CHALLENGE

9. Leadership Challenge The Truth Dare!

Practice telling only the truth this week. Make sure your speech is always honoring and full of integrity, never speak badly of another. For example, if someone is being stubborn, you’d say they have great determination! I like to call it the greater truth. Truth always finds the gold in others.

